

F2 PLATE BINDINGS

instructions for mounting and use
montage- und gebrauchsanweisung
mode d'emploi et instructions de montage
istruzioni d'uso e montaggio



CARVE RS
FREECARVE
RACE TITANIUM

FREECARVE



CARVE RS



RACE TITANIUM



■ HOW IT WORKS

FREECARVE / CARVE RS / RACE TITANIUM:

The stance adjustment is infinitely variable by shifting the centre disk (1) along the longitudinal slots with loosely tightened screws (3). The binding angle is adjusted by rotating the binding's base plate (2).

In order to ensure smooth functioning, tighten all screws firmly after adjusting the bindings.

Note: For mounting the binding onto the board, use original screws only!

BINDING STANCE

FREECARVE / CARVE RS / RACE TITANIUM:

The top layers of snowboards are usually printed with information about the various basic stances. The desired stance can be adjusted by shifting the two centre disks until the desired stance is indicated in the centre display window.

The desired basic stance has been adjusted as soon as identical numbers appear in the display windows of both central disks that are aligned with the centre mark.

FREECARVE:

Apart from two basic positions, swivelling the base plate by 180° provides an extended adjustment area:

Narrow Stance (1a)

Both "narrow stance" marks face the centre of the snowboard. In this posi-

tion, the basic stance can be increased by 1 cm and reduced by 3 cm.

Wide Stance (1b)

Both "wide stance" marks face the centre of the snowboard. In this position, the basic stance can be increased by 3 cm and reduced by 1 cm.

BINDING ANGLE

STANCE	ANGLES	STYLE
Moderate	45° / 38°	Free Carving
Racing	52° / 45°	Slalom
Extreme	60° / 55°	RS / High Speed

Scales on base and disk indicate the adjusted angle (0° - 360°) for both regular and goofy positions.

■ MOUNTING INSTRUCTIONS

Always make sure that you use the appropriate screw length when fastening toe and heel steps! The screws must at least have 5 mm thread and should not protrude out of the base plate.

HELLIFT / Offset Wedge

(CARVE RS / RACE TITANIUM)

For a more direct backside turn, you have the option of lifting the heel of your rear leg. The required tuning parts come with the kit.

For mounting, remove the rear foot heel step by unscrewing the fastening screws. Replace these by the screws provided in the tuning kit and mount

the heel step with the heel lift. Use the front offset wedge when mounting the heel lift in order to ensure exact boot positioning. If you choose to mount both a canting wedge and an offset wedge at the same time, make sure to use a longer (medium length) screw on the higher side.

CANTING / TOELIFT

Make sure the canting wedges are both tilted inwards. Serial 4° canting works excellently for angles up to approx. 55°. At steeper angles, it makes sense to remove the front binding canting wedges and to use them as toe lifts. If necessary, move adjustment slider to innermost position for easy access to toe step fastening screws. For mounting, follow the heellift mounting instructions!

■ BINDING SIZE ADJUSTMENT TO FIT THE BOOTS

(FREECARVE / CARVE RS / RACE TITANIUM)

Use a cross-point screwdriver (POZ 3) to adjust the binding size to fit the boots:

Turn spindle screw clockwise

= larger

Turn spindle screw counter clockwise

= smaller

When centring the boot, please bear in mind that both the tip and the heel should be equally distanced from the edge of the board.

If the size is correctly adjusted, the toe bail clip can be locked with

medium effort and the boot has a firm hold in the heel step.

MACRO - SIZE ADJUSTMENT

(FREECARVE / CARVE RS)

These models offer two additional toe or heel step mounting options for very large boots. Begin by removing the elastomer dampers (CARVE RS) and then loosen the fixing screws.

Remount the metal inserts in the wider position and refasten the toe and heel steps. Then remount the dampers.

MOUNTING THE LEASH

FREECARVE:

Always attach the leash before mounting the front binding. Loop the bottom end of the leash around the opening provided in bottom of the centre disk.

CARVE RS / RACE TITANIUM:

Always attach the leash before mounting the front binding. Put the lower end as a loop around the front lever and pull the leash through.

STEPPING IN

- Remove snow, ice, and dirt from boots.
- Fasten leash to front leg.
- Thread boot heel into heel step and close toe bail clip over boot toe.

GENERAL NOTES

This binding system can only be mounted on boards featuring a 4x4 insert pattern. Be sure to mount the binding using only the provided inserts.

Never tighten down the screws in a slanted angle or use force.

Note: check all screws periodically and retighten them, if necessary.

Properly mounted F2 INTEC binding systems are designed not to release when using them.

In order to secure safe riding on the lift, an anti-slip pad is absolutely necessary.

As a snowboarder, you should be aware of the risks this sport involves. F2 is not liable for any injuries or damages which may occur when using the product.

SNOWBOARDING CAN BE DANGEROUS!

WARRANTY

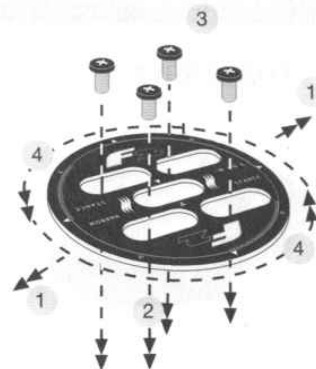
Your binding will function according to the requirements, if you closely follow all the instructions in this manual and in the warranty regulations (enclosed).

F2 is not responsible or liable for any modifications made to the bindings or for any disregard of these instructions.

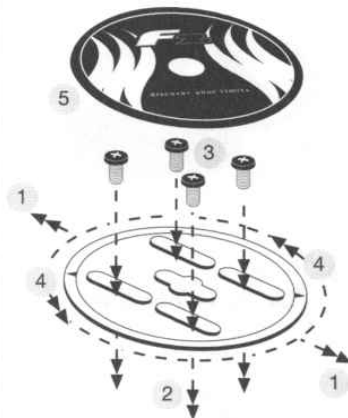
Contact your F2 dealer if your binding has any damage or defect that may impair its use.

Please observe the enclosed warranty regulations carefully.

1. Infinitely variable adjustment of the stance by shifting the centre disk
2. Fixation of base plate in the 4x4 inserts
3. Insert screws
4. 360° angle adjustment by rotating the base plate
5. Cover plate



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